

Statement Regarding Toradol From Eric McCarty & Sourav Poddar, University of Colorado Boulder Team Physicians

Anti-inflammatory medications such as Advil or Aleve are used in the management and treatment of patients and the general public with conditions such as bursitis and tendonitis.  These types of medications are also carefully and judiciously utilized in a similar fashion under a physician’s supervision with injured student athletes at the University of Colorado Boulder.

Toradol, while one of many non-steroidal, anti-inflammatories that may be used in this setting, it is not something that is commonly used here at the University of Colorado Boulder.  If deemed appropriate, these medications may be used as part of an individualized treatment plan with appropriate precautions reviewed.  Its use has been uncommon as CU’s sports medicine staff and physicians are aware of the potential negative side effects that might exist with its use.

CU does not have an official policy concerning Toradol, as again, this is a medication that is seldom utilized.  In general, we don’t assign a specific drug to a specific injury/illness, we treat the athlete individually with what we determine to be the best course of action, and not the ailment automatically with a specific drug.