

Provident a United Way agency

First appointment line – 314.533.8200

- Mental Health counseling – individual, family and group
- **Ferguson Relief Program** - Free Counseling for Adults, 20 years and older who have been affected by events in Ferguson
- **FMHC** – no out of pocket costs for uninsured adults in St Louis
- **Children’s Service Fund (CSF)**
CSF currently funds 76 agencies totaling 169 programs – the out of pocket expenses to youth under the age of 20 who reside in St Louis and other agencies that receive CSF funding include: Crisis Nurse Health; Bridgeway Behavioral Health; Community Psychological Health; and Youth Center of St. Louis
- No out of pocket expenses for youth who are under the age of 20 in St. Louis County
- **Provident has six metropolitan locations – Midtown, Ferguson, Arnold and Fairview Hts.**
- Groups – *adult ex-offenders* (programs for mandated adults); *Survivors of Suicide* – groups for adults and teens.
- 24/7 crisis hotline – 314.647.HELP (4357) or 1.800.273.TALK (Text the word ‘HELP’ to 314.226.1147)
- FeelingKindaBlue – social media site for those 18 years of age and older who have a mood disorder. Individuals join the site and connect with others experiencing similar issues. Site provides a place to connect with others who monitors the site 24/7 and intervenes if someone is exhibiting suicidal thoughts. <http://feelingkindablue.ning.com/>
- **Facts on Suicide**
- Suicide rate has risen in recent years and surpassed traffic work-related mortality.
- Suicide is the 10th leading cause of death in US; white males first nationally.
- Missouri has the 17th highest suicide rate.
- Among Missouri youth, ages 15 – 24, suicide is the second leading cause of death.
- At least 22 veterans die by suicide every day and young male veterans are three times more likely to die by suicide when compared to non-veterans.

United Way’s 211 for information and assistance